

KINESIOLOGY
Exercise Science & Health Promotion Concentration
Clinical Exercise Science Track

The following plan is just one example of how to schedule classes to graduate in 4 years. Other schedules would be equally valid. Work with your advisor to develop a plan that meets your needs.

Quarter	FRESHMAN			SOPHOMORE			JUNIOR*			SENIOR*		
	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring	Fall	Winter	Spring
Courses	MATH 118 (4)	KINE Pro-Act ¹ (2)	KINE 270 (4)	KINE 218 (2)	KINE Pro-Act ¹ (2)	KINE 303 (4)	KINE 445 (4)	KINE 307 (4)	KINE 446 (4)	KINE 461 or 462 (1-2)	KINE 451 (5)	KINE 463 (3)
	BIO 111/115/ 161 (4)	CHEM 111 ² /127 (5-4)	KINE 250/255 ³ (4)	ZOO 331 (5)	ZOO 332 (5)	KINE 301 (1)	KINE 304 (3)	KINE 319 (4)	KINE 434 (4)	KINE 452 (4)	KINE 408 ⁵ (4)	
	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)	CHEM 312 (5)	CHEM 313 (5)	STAT 217/218 (4)	KINE Pro-Act ¹ (1)	KINE 302 (4)	KINE 402 (4)	KINE 411 (4)	KINE 280 (1)	
	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)	PHYS x118/121 (4) ⁷	GE ⁴ (4)	KINE Pro-Act ¹ (1)	KINE 401 (3)	KINE 219 (1)	
		Free ⁶ Elect (1)	Free ⁶ Elect (1)			GE ⁴ (4)	GE ⁴ (4)		GE ⁴ (4)	Free Elect (4)	Free Elect (4-5) ²	
Units	16	15-16	17	16	16	17	16	16	17	16-17	15-16	3

*Students with upper division standing (completion of 90 units) are eligible to meet the Graduation Writing Requirement (GWR).

More information available at: <http://www.calpoly.edu/~wrtskils/gwr/>

¹ Students following this concentration are strongly recommended to take the following Pro-Acts: KINE 212 (1), 220 (2), 227 (2), and 228 (1).

² If Chem 111 is taken, decrease free electives by one unit. 180 units required for graduation.

³ KINE 255 will also meet the United States Cultural Pluralism requirement (USCP).

⁴ 52 units of General Education units are required. Choose one from each of the following areas: GE A1, A2, A3; C1, C2, C3, C4, C1-4; D1, D2, D3, D5; F.

⁵ Must have completed KINE 250 or 255 and one of the following: KINE 220, 227, 228 or 219, senior standing or consent of instructor.

⁶ Consider taking Supplemental Workshops to assist you with Math/Science courses. More information available at: <http://sas.calpoly.edu/sw.html>

⁷ Students pursuing health profession graduate programs should take Phys 121 (w/ lab) instead of Phys x118. Math 118 & 119 **or** high school trig is a prerequisite.