

PEACH

PHYSICAL EDUCATION, ATHLETIC COACHING & HEALTH

July 16 - July 25, 2010

Featuring....

Pete Newell, Jr., PH.D. Cal Poly San Luis Obispo
Camille O'Bryant, PH.D. Cal Poly San Luis Obispo
J. Mark Davis, PH.D. University of South Carolina

Celebrating 64 years

A Conference for Professional Growth and Development

WASHINGTON CLOCK HOURS AVAILABLE

OFFICIAL CALIFORNIA POLYTECHNIC STATE UNIVERSITY TRANSCRIPT

EARN UP TO 8 CONTINUING EDUCATION UNITS, PROFESSIONAL GROWTH HOURS

2 CEUs, Fee of \$80

Course # DEV4 E875-103-80

4 CEUs, Fee of \$100

Course # DEV4 E875-103-81
Maximum available for
6-day workshop

6 CEUs, Fee of \$120

Course # DEV4 E875-103-82

8 CEUs, Fee of \$140

Course # DEV4 E875-103-83

Online Registration/Payment available at: www.peachworkshops.com

Participant Registration Form

64th Annual California Workshop for Physical Education, Athletic Coaching and Health July 16 - July 25, 2010

Circle Attendance Dates:

July 18 - 23 (6 day)

(4 CEU's maximum available)

July 16 - 25 (10 day)

(up to 8 CEU's available)

Please print clearly. If registering on a copy, make sure you also have a copy of the brochure information sheets.

Full Name _____ Maiden Name _____ Birthday ____/____/____ Male _____ Female _____

Home Address _____ City _____ State/Zip _____

School Name/District _____ Email _____

I do _____ I do not _____ want my email included in the workshop directory

Home Phone (____) _____ Work Phone (____) _____ Fax (____) _____

Years attended this workshop _____ T-shirt size S M L XL XXL

Do you require special accommodation in order to attend this program (i.e.: special language interpreter)? Yes _____ No _____

If yes, please identify _____ Please identify any dietary restrictions _____

Workshop Registration:

Includes classes, special events, insurance, tournaments, BBQ, T-shirt and syllabus

****Required items: all participants must pay****

Registration Fees (University + Workshop Fees) (circle dates / fee)

"Early Bird" Registration (Registration Form and Payment postmarked by June 5):

"Regular" Registration (Registration Form and Payment postmarked between June 5-July 2):

"On Site" Registration (Registration Form and Payment postmarked after July 2, and all on site registration)

July 18 - 23

\$260.00

\$290.00

\$310.00

July 16 - 25

\$360.00

\$390.00

\$410.00

Registration Fee (From above table) ****\$ _____ ****

Campus User Fee Participant Housed On Campus = \$10 / Housed Off Campus = \$15 (circle one) ****\$ 10.00 / 15.00 ****

Housing Per Person

Single Occupancy

Double Occupancy

5 Night Housing July 18-22

\$220.00

\$170.00

9 Night Housing July 16-24

\$396.00

\$306.00

\$ _____

*Double occupancy priced per person. Please indicate roommate preference: _____

Special and/or group housing needs must be requested in writing by July 3. Please identify: _____

Extra Night Stay Over: Must be reserved by June 26

(circle all dates that apply):

Single Occupancy _____ Nights x \$44.00 per night, per person

July 15 17 23

\$ _____

Double Occupancy _____ Nights x \$34.00 per night, per person

July 15 17 23

\$ _____

Are you paying for non-conference guests? Yes No

If yes, please indicate name and gender: Guest #1: _____ M F Guest #2: _____ M F

Housing cannot be accommodated for early arrivals prior to Friday, July 16, or extended stays after Saturday night, July 24. Housing and special arrangements cannot be guaranteed for late registrants.

Parking Permits Permits required Monday-Friday

Weekly Permits= \$15 per car, per week • Daily Permit = \$5 per car per day x _____ days **\$ _____**

TOTAL ENCLOSED **\$ _____**

Credit Card (circle one) VISA MC DISC AMEX Card # _____ Exp Date _____

Cardholder's Name (print) _____ Signature _____

To Register and Pay online go to www.peachworkshops.com

Services (i.e. housing, etc.) beyond workshop registration cannot be guaranteed for late registrants. All fees are subject to change without notice. **Workshop registration includes \$125.00 non-refundable deposit.** Registration must accompany payment in full. Workshop registration will not be processed with incomplete payment. Check, money order, purchase order, and credit cards are acceptable. Please make payable to CAL POLY CORPORATION and mail to: Conference and Event Planning - PEACH Workshop - Cal Poly, San Luis Obispo, CA 93407. **(Allow a minimum of two extra working days for campus mail, including "overnight" service.)** If paying by credit card you can register and pay online at www.peachworkshops.com or you may fax payment information and registration to (805) 756-7601. Please Note: if your fees are paid for by purchase order, a copy of the purchase order, with the number, must be postmarked by registration deadline. Conference and Event Planning is not responsible for 2nd or 3rd party late payments, and registrations. Follow through is the responsibility of the participant. **Please see brochure information page for refund and cancellation policies.** Please direct registration and payment inquiries to Conference and Event Planning at: (805) 756-7600.

10 class hours = 1 CEU.

SCHEDULE SUBJECT TO CHANGE.

FRIDAY July 16

2:00pm - 4:00pm
Registration

4:15-5:30pm
PEACH Orientation

5:30-6:45pm
BBQ Mixer

6:45-8:00pm
Gator Skin Balls

SATURDAY July 17

6:45-8:00am
Fit Run/Walk

8:00am-10:45pm
Plyometrics

12:00-2:30pm
Tennis

2:45-4:00pm
Yoga

7:00-8:15pm
Physical Education Issues

PISMO PACKAGE:

8:15-12:00pm
Surf/Boogie Board

1:00-3:00pm
Volleyball/Bocce

3:00-5:00pm
Over-the-Line

SUNDAY July 18

8:00am-12:00pm
Hike the Hills
CPR

1:30 - 4:00pm
Ultimate Frisbee
Rugby

2:00 - 4:00pm
Registration (6 day)

4:15 - 5:30pm
PEACH Orientation

5:45 - 7:45pm
Bowling

7:45 - 9:45pm
Bowling

6:45-8:00am
Fit Run/Walk

Tennis or Orienteering (2hrs)

MONDAY July 19

6:45 - 8:00am
Golf
Pickleball/Badminton
Sport Specific Training
Yoga
Walk/Jog/Run
8:15 - 9:30am
Nutrition
Pilates
Football-Coaching
Soccer-Coaching/PE
Volleyball-Coaching/PE
9:45 - 11:00am
Sports Psychology
Swim
Dance
Health Issues
Team Building Activities
11:15 - 12:30pm
General Session
1:30 - 2:45pm
Eating Disorders/Obesity
Softball/Baseball-Coaching
Favorite Instant Activities
Plyometrics/Core Training
Floor Hockey
3:00 - 4:15pm
Heart Rate Monitor
Quality Coaching Practices
4:15 - 5:30pm
Brown Bags
3:00 - 5:30pm
Basketball Tournament
Kickball Tournament
1:00 - 6:00pm
Golf Tournament
6:30 - 9:00pm
Graduate Social
Dance Instruction

TUESDAY July 20

6:45 - 8:00am
Golf
Pickleball/Badminton
Sport Specific Training
Yoga
Walk/Jog/Run
8:15 - 9:30am
Nutrition
Pilates
Football-Coaching
Soccer-Coaching/PE
Volleyball-Coaching/PE
Basketball Coaching
9:45 - 11:00am
Sports Psychology
Swim
Dance
Health Issues
Team Building Activities
11:15 - 12:30pm
Basketball Coaching
11:15 - 12:30pm
General Session
1:30 - 2:45pm
Eating Disorders/Obesity
Softball/Baseball-Coaching
Favorite Instant Activities
Plyometrics/Core Training
Floor Hockey
3:00 - 4:15pm
Heart Rate Monitor
4:15 - 5:30pm
Brown Bags
3:00 - 5:00pm
Volleyball Tournament
Touch Rugby Tournament
6:00 - 9:00pm
Barbecue- Cuesta Park

WEDNESDAY July 21

6:45 - 8:00am
Golf
Pickleball/Badminton
Sport Specific Training
Yoga
Walk/Jog/Run
8:15 - 9:30am
Nutrition
Pilates
Football-Coaching
Soccer-Coaching/PE
Volleyball-Coaching/PE
9:45 - 11:00am
Exercise Physiology
Swim
Dance
Health Issues
Team Building Activities
11:15 - 12:30pm
General Session
4:15 - 5:30pm
Brown Bags
3:00 - 5:30pm
Innertube Water Polo
Softball Tournament

THURSDAY July 22

6:45 - 8:00am
Golf
Pickleball /Badminton
Sport Specific Training
Yoga
Walk/Jog/Run
8:15 - 9:30am
Nutrition
Pilates
Football-Coaching
Soccer-Coaching/PE
Volleyball-Coaching/PE
9:45 - 11:00am
Exercise Physiology
Swim
Dance
Health Issues
Team Building Activities
11:15 - 12:30pm
General Session
1:30 - 2:45pm
Eating Disorders/Obesity
Softball/Baseball-
Coaching
Favorite Instant Activities
Plyometrics/Core Training
Floor Hockey
3:00 - 4:15pm
Heart Rate Monitor
Quality Coaching Practices
4:15 - 5:30pm
Brown Bags
3:00 - 5:30pm
Innertube Water Polo
Softball Tournament
6:00 - whenever
Farmer's Market

FRIDAY July 23

6:45 - 8:00am
Golf
Pickleball /Badminton
Sport Specific Training
Yoga
Walk/Jog/Run
8:15 - 9:30am
Nutrition
Pilates
Football-Coaching
Soccer-Coaching/PE
Volleyball-Coaching/PE
9:45 - 11:00am
Exercise Physiology
Swim
Dance
Health Issues
Team Building Activities
11:15 - 12:30pm
General Session
1:00 - 6:00pm
Golf session or
Morro Bay Adventure*
(Walking & Kayaking)

SATURDAY July 24

6:45 - 8:00am
Walk / Run
9:00 - 12:00pm
Surfing at Pismo Beach
1:00 - 3:30pm
Self Defense
Brown bag
3:45 - 5:00pm
Relaxation Massage
Brown Bag
7:00 - 8:15pm
PE/ Athletic Issues

SUNDAY July 25

6:45 - 8:00am
Fitness run/ walk
8:15 - 10:45pm
PE/ Athletic Issues
11:00 - 12:15pm
General session

Director's Message

We encourage and invite you to participate in PEACH 2010 Workshop, our 64th year of the workshop. We are dedicated to providing you with the best opportunities to continue your education in Physical Education, Athletic Coaching and Health. We offer classes that develop skills and increase your knowledge in a variety of topics including: health, fitness, dance, martial arts, aquatics, individual and team sports. The 6 to 10 day multiple Continuing Education Unit format provides professionals with several options for professional growth.

This workshop is renowned for its excitement, curriculum and facilities. The San Luis Obispo area is world famous for its weather, ambiance and diverse cultural and recreational activities. Those of us involved in the PEACH Workshop guarantee you a memorable opportunity to grow as a teacher and coach. We are also committed to providing you with an opportunity to discover what the San Luis area has to offer. Come and grow professionally and make lots of new friends in our great profession!

See you this summer! **JoAnne Daughtry**

Email: joanne.daughtry@kent.k12.wa.us · www.peachworkshops.com

General Information

Physical Education, Athletic Coaching and Health Workshop

July 16-25, 2010

Pre-Workshop Registration and Formal Workshop Check-In

It is essential that workshop participants return the completed registration form **OR REGISTER ONLINE www.peachworkshops.com with accompanying payment in full** to Conference and Event Planning as soon as possible to take advantage of the **“Early Bird Registration”** fee. Registrations and/or payments cannot be taken over the phone. Conference and Event Planning is not accountable for late 2nd or 3rd party payments and registrations. Follow through is the responsibility of the participant. When your completed registration form and payment are RECEIVED you will be sent confirmation information. Information may be sent to you via email or fax. Please contact Conference and Event Planning at (805) 756-7600 if you have pre-registered for PEACH and have not received your information packet by Friday, July 2, 2010.

Formal workshop check-in for all workshop participants will be conducted in the lobby of a residence hall at Cal Poly on Friday, July 16 (10-day workshop) and Sunday, July 18 (6-day workshop). The location and exact time of formal check-in will be provided to pre-registered/paid participants in confirmation materials.

Early Bird Pre-Registration, Regular Pre-Registration, On-Site Registration Fees

Participants who return completed workshop registration forms **and** payment which are postmarked by June 5 will be charged the **“Early Bird Registration”** fees, as delineated on the participant registration form. Completed workshop registration forms **and** payments which are postmarked between June 5 - July 2 will be charged the **“Regular Registration”** fees. All completed workshop registration forms **and** payments which are postmarked after July 2, including all individuals who register on-site on July 16 or 18 will be charged the **“On-Site Registration”** fees.

If you plan on registering on site please contact Conference and Event Planning to check housing availability and to have an information packet emailed or faxed to you. The information packet contains essential information including what to bring, program updates, University policies, and scheduled check-in and check-out hours. Participants who arrive after scheduled check-in hours will be charged a late check-in fee of \$25.00, unless prior arrangements are made with Conference and Event Planning. [This policy applies to all PEACH participants, including participants who are being housed at an off-campus location.](#)

Continuing Education Units – Important Information for Those Interested in CEU's!

Continuing Education Units are available to all PEACH workshop participants. **PEACH participants will be able to register and pay for CEU units during formal check-in hours only!** A maximum of four Continuing Education units are available during the six-day workshop; a maximum of eight Continuing Units are available during the 10-day workshop. Please note that PEACH participants will not be able to sign up and pay for CEU units prior to formal check-in hours. All pertinent information regarding CEU's (dates/times) will be included in confirmation material!

Residence Hall Housing and Res Net Information

Workshop participants may stay on or off campus. All participants staying on campus will be housed in a campus residence hall within easy walking distance of workshop sessions. Conference and Event Planning can house families with children at the standard housing rate in a family designated area of a residence hall. *Please call Conference and Event planning for arrangements.* One child under six years old may sleep on the floor in a sleeping bag, if both beds are already paid for (Fire code allows for one child per room, when both beds are occupied by paying guests). Children under six will be charged full housing rate if both beds are not occupied by paying guests. All guests, including children six years and older, must be registered through Conference and Event Planning prior to arrival. Childcare facilities are not available on campus. For liability reasons, children and non – PEACH registered adults are not allowed to attend classes or workshop activities. Housing will be assigned on a first come basis the day of registration. A \$25 service fee will be applied to any changes in your housing assignment once you have checked in. Housing accommodations cannot be guaranteed for late registrants. NOTE: There is **NO SMOKING** on campus or in any public building in the City of San Luis Obispo. All participants are responsible for departure on their scheduled check out date and time. Failure to remove belongings from rooms and reporting to the check-out desk will result in a late check-out fee of \$50.00, unless special arrangements have been approved by Conference and Event Planning. **NO REFUNDS** will be issued for unused housing. Occupancy of recreational vehicles on campus is prohibited. Special R.V. parking may be allowed with arrangements made at least fifteen working days in advance.

Parking Permits

Parking permits are required Monday through Friday 7:00am – 5:00pm. Weekly permits (\$15.00) and one-day permits (\$5.00) may be purchased in advance through the PEACH registration form, or they may be purchased on campus at the Yosemite conference front desk between 7:00am-9:00pm.

Cancellations and Refund Policy

Conference and Event Planning must receive cancellation requests in writing 15 days prior to program start in order to receive full refund minus the \$125.00 non – refundable deposit. **Partial refunds will not be given for cancellations received after the July 2 deadline,** or for overpayments of \$10.00 or less. Participant substitutions are subject to a \$25.00 administrative processing fee. *Refunds will not be given for unused housing, parking permits, or parking citations.*

