

09-11 B.S. Kinesiology – Individualized Course of Study

The following plan is just one EXAMPLE of how to schedule classes to graduate in 4 years. Other schedules may be equally valid. Work with your advisor to develop a plan that meets your needs. Be sure to check your Degree Progress Report (DPR) frequently to ensure you are meeting all degree requirements.

FRESHMAN YEAR			SOPHOMORE YEAR		
See an advisor in the CSM Advising Office (Bldg. 53-219) to have your individualized course of study plan approved by the end of your first year.					
Yr. 1 FALL	Yr. 1 Winter	Yr. 1 Spring	Yr. 2 Fall	Yr. 2 Winter	Yr. 2 Spring
MATH 119 (4)	KINE 250/255 ³ (4)	KINE Pro-Act ¹ (2)	ZOO 331 (5)	ZOO 332 (5)	KINE 303 (4)
BIO 111/115/161 ² (4)	CHEM 111/127 ² (5-4)	STAT 217/218 (4)	KINE Pro-Act ¹ (2)	KINE 301 (1)	KINE 218 (2)
KINE 270 (4)	PHYS 121 (4)	GE ⁴ (4)	Adv. App. Elective (4)	Adv. App. Elective (4)	GE ⁴ (4)
GE ⁴ [A1/A2] (4)	GE ⁴ [A1/A2] (4)	GE ⁴ [A3] (4)	GE ⁴ (4)	GE ⁴ (4)	GE ⁴ (4)
Elective (0-1) [SCM 150 ⁶ recommended]	Elective (0-1) [SCM 150 ⁶ recommended]	KINE 280 (1)			
16-17	16-18	15	15	14	14

JUNIOR YEAR*			SENIOR YEAR		
Yr. 3 FALL	Yr. 3 Winter	Yr. 3 Spring	Yr. 4. Fall	Yr. 4 Winter	Yr. 4 Spring
KINE 302 (4)	KINE 407 (4)	Adv. App. Elective (4)	KINE 461/462 (1-2)	KINE 451 (5)	Adv. App. Elective (4)
Adv. App. Elective (4)	KINE 402 (4)	KINE 411 (4)	Adv. App. Elective (6)	Adv. App. Elective (4)	GE ⁴ [upper division] (4)
KINE Pro-Act ¹ (2)	Adv. App. Elective (4)	Adv. App. Elective (4)	GE ⁴ [upper division] (4)	GE ⁴ [upper division] (4)	Elective ⁶ (4)
GE ⁴ (4)	GE ⁴ (4)	Elective ⁶ (4)	Elective (4) ⁶	Elective (2) ⁶	Elective ⁶ (2)
14	16	16	15-16	15	14

Last updated: 7/9/09

*Students with upper division standing (completion of 90 quarter units) should complete the Graduation Writing Requirement (GWR). See the catalog for more information.

² Student who wish to pursue health profession graduate programs should consult with the CSM Advising Office in 53-219 in their first year regarding the appropriate science coursework.

³ KINE 255 will meet the United States Cultural Pluralism requirement (USCP). If you take KINE 250, take a GE/USCP course combination. Check PASS for quarterly options.

⁴ 52 units of General Education units are required. Choose one from each of the following areas: GE A1, A2, A3; C1, C2, C3, C4, C1-4; D1, D2, D3, D5; F. Check PASS or the online catalog for specific course prerequisites. Upper division GE's: C4, D5 and F should be taken after you have reached junior standing.

⁵ Prior to enrolling in KINE 408, you must have completed KINE 250/255 and one of the following: KINE 220, 227, 228 or 219, and have senior standing or consent of instructor.

⁶ 16 units of elective required for this major/concentration combination. Recommended: Take Supplemental Workshops [SCM 150] in your first year to assist you with Math/Science coursework. More information available at: <http://sas.calpoly.edu/sw.html> . 1 unit of elective credit available for each workshop.