

09-11 B.S. Kinesiology – Exercise Science and Health Promotion Concentration – Health Education Specialist Track

The following plan is just one EXAMPLE of how to schedule classes to graduate in 4 years. Other schedules may be equally valid. Work with your advisor to develop a plan that meets your needs. Be sure to check your Degree Progress Report (DPR) frequently to ensure you are meeting all degree requirements.

FRESHMAN YEAR			SOPHOMORE YEAR		
Yr. 1 FALL	Yr. 1 Winter	Yr. 1 Spring	Yr. 2 Fall	Yr. 2 Winter	Yr. 2 Spring
KINE 270 (4)	KINE Pro-Act ¹ (2)	KINE Pro-Act ¹ (2)	ZOO 331 (5)	ZOO 332 (5)	KINE 302 (4)
KINE 250/255 ³ (4)	BIO 111/115/161 ² (4)	CHEM 110/111/127 ² (4-5)	FSN 210 (4)	KINE 301 (1)	KINE 354 (2)
MATH 119 (4)	GE ⁴ (4) [lower division]	PHYS 121 ² (4)	MCRO 221/224 ² (4-5)	KINE 305 (2)	KINE 218 (2)
GE ⁴ (4) [A1/A2]	GE ⁴ (4) [A1/A2]	GE ⁴ (4) [A3]	GE ⁴ (4) [lower division]	GE ⁴ (4) [lower division]	STAT 217/218 (4)
				GE ⁴ (4) [lower division]	
Elective ⁶ (1) [SCM 150]	Elective ⁶ (1) [SCM 150]	Elective ⁶ (1)[SCM 150]		KINE 280 (1)	GE ⁴ (4)
17	15-16	15-16	17-18	17	16

JUNIOR YEAR*			SENIOR YEAR		
Yr. 3 FALL	Yr. 3 Winter	Yr. 3 Spring	Yr. 4 Fall	Yr. 4 Winter	Yr. 4 Spring
COMS 418 (4)	KINE 405 (4)	KINE 450 (3)	KINE 461/462 (1-2)	KINE 451 (5)	KINE 463 (3) 200 hours of fieldwork over a ten-week period at an approved agency. See KINE 463 coordinator by end of Junior year to arrange for your placement.
KINE 303 (3)	KINE 304 (4)	KINE 402 (4)	KINE 407 (4)	KINE 408 ⁵ (4)	
KINE Pro-Act ¹ (1)	KINE 434 (4)	KINE Pro-Act ¹ (1)	KINE 443 (4)	KINE 401 (3)	
KINE 319 (4)	KINE 411 (4)	GE ⁴ (4)	GE ⁴ (4) [upper division]	KINE 219 (1)	
GE ⁴ (4) [lower division]		GE ⁴ (4) [upper division]	Elective ⁶ (2)	GE ⁴ (4) [upper division]	
16	16	16	15-16	17	3

*Students with upper division standing (completion of 90 quarter units) should complete the Graduation Writing Requirement (GWR). See the catalog for more information. **Last updated: 7/9/09**

¹ Students following this concentration are **strongly recommended** to take the following Pro-Acts: KINE 212 (1), 220 (2), 227 (2), and 228 (1).

² Student who wish to pursue health profession graduate programs should consult with the CSM Advising Office in 53-219 regarding the appropriate science coursework.

³ KINE 255 will meet the United States Cultural Pluralism requirement (USCP). If you take KINE 250, find a GE/USCP course combination. Check PASS for quarterly options.

⁴ 52 units of General Education units are required. Choose one from each of the following areas: GE A1, A2, A3; C1, C2, C3, C4, C1-4; D1, D2, D3, D5; F. Check PASS or the online catalog for specific course prerequisites. Upper division GE's: C4, D5 and F should be taken after you have reached junior standing.

⁵ Prior to enrolling in KINE 408, you must have completed KINE 250/255 and one of the following: KINE 220, 227, 228 or 219, and have senior standing or consent of instructor.

⁶ 5 units of elective required for this major/concentration combination. Recommended: Take Supplemental Workshops [SCM 150] in your first year to assist you with Math/Science coursework.

More information available at: <http://sas.calpoly.edu/sw.html>