Kinesiology Department

PE—PHYSICAL EDUCATION

(See also KINE—Kinesiology)

BASIC INSTRUCTIONAL PROGRAM

Enrollment is open to all students except for designated intramural courses. Courses carry 1 unit of credit, meet 2 hours per week, and are designed to develop skill, knowledge of rules, background and analysis of techniques, and desirable attitudes toward physical fitness and participation in physical activities.

The beginning course or its equivalent is prerequisite to the intermediate, and the intermediate to the advanced. Prerequisite may be waived by consent of the instructor.

No more than two different activity courses nor more than one section of an individual activity course may be taken for credit in any one quarter. A student may not enroll simultaneously in the same quarter for a beginning, intermediate and/or advanced activity course. Any level of an activity course can be repeated only once for credit.

Students not majoring in kinesiology may apply a maximum of 12 units of credit earned in general and intramural activity courses toward the bachelor’s degree.

All basic instructional courses (PE 100–176) are evaluated on a Credit/No Credit basis. A miscellaneous course fee may be required – see the Schedule of Classes.

PE 100 Adaptive Activity
PE 101 Gymnastics
PE 102 Tumbling and Vaulting
PE 103 Archery
PE 104 Badminton, Beg.
PE 105 Badminton, Int.–Adv.
PE 107 Billiards
PE 108 Basketball
PE 109 Bowling
PE 110 Cycling
PE 111 Fencing
PE 112 Bowling, Int.
PE 113 Intermediate Billiards
PE 116 Aerobic Exercise
PE 121 Golf, Beg.
PE 122 Golf, Int.–Adv.
PE 125 Jogging
PE 126 Judo
PE 129 Stretch, Flex and Relax
PE 131 Physical Conditioning
PE 132 Racquetball, Beg.
PE 133 Racquetball, Int.–Adv.
PE 135 Skin Diving
PE 136 Scuba Diving
PE 137 Self-Defense

PE 138 Karate

PE 139 Soccer
PE 140 Ultimate Disc
PE 142 Softball
PE 143 Swimming for Non-Swimmers
PE 144 Swimming, Advanced Beginner
PE 145 Swimming, Int.
PE 146 Swimming, Adv.
PE 147 Swim Conditioning
PE 148 Tennis, Beg.
PE 149 Tennis, Int.–Adv.
PE 151 Volleyball, Beg.
PE 152 Volleyball, Int.–Adv.
PE 154 Weight Training
PE 156 Aqua-Aerobics
PE 159 Wrestling
PE 174 Intramurals
PE 176 Fitness Walking

COMPETITIVE ATHLETICS

Enrollment limited to those academically qualified to compete in intercollegiate athletic programs. Consent of coach required. Total credit limited to 8 units. Courses are each 2 units and meet for a minimum of 10 hours per week. All competitive athletics courses are evaluated on a Credit/No Credit basis.

Men

PEM 182 Baseball
PEM 183 Basketball
PEM 184 Cross Country
PEM 185 Football
PEM 189 Soccer
PEM 191 Swimming
PEM 192 Tennis
PEM 193 Track and Field
PEM 195 Golf
PEM 196 Wrestling

Women

PEW 183 Basketball
PEW 184 Cross Country
PEW 189 Soccer
PEW 190 Softball
PEW 191 Swimming
PEW 192 Tennis
PEW 193 Track and Field
PEW 194 Volleyball
PEW 195 Golf

PROFESSIONAL ACTIVITIES — See KINE—Kinesiology

ACADEMIC COURSES — See KINE—Kinesiology

1 PE 138 meets 3 hours per week.